

GARY A. TUMA, M.D., FACS

PLASTIC SURGERY ASSOCIATES OF NEW JERSEY
TWO CAPITAL WAY, SUITE 505
PENNINGTON, NJ 08534

(609) 537-7000
FAX (609) 537-7070



AMERICAN SOCIETY OF
PLASTIC SURGEONS

BREAST SURGERY
COSMETIC SURGERY
RECONSTRUCTIVE SURGERY

Pre-Operative Medications

Medications

1. Celebrex 200mg by mouth 2x daily
 - a. Start 2 days prior to surgery
 - b. Continue 5 days post operatively

2. Zantac 75mg
 - a. Take one pill the day before
 - b. Take one pill the morning of surgery

3. Emend 40mg
 - a. Take one pill 3 hours prior to surgery

4. Bactroban Ointment to Nasal Mucosa
 - a. Apply daily beginning 3 days prior to surgery
 - b. Continue for 2 days after surgery

5. Arnica Forte
 - a. Take as directed

6. Tobradex Ophthalmic Solution-**Only if you are going to have Eyelid surgery**
 - a. One drop each eye 4x daily one day before surgery
 - b. Continue one drop 2x daily for 5 days

7. Fish Oil
 - a. Start taking 2 weeks after surgery for its anti-inflammatory activity

Any questions at all, please contact the office and speak with one of our nurses.